



## Drumming and Harmonic Balancing for The New Year

Celebrate the increasing light of the new year by

- Drumming under the magnificent oaks,
- Balancing to the harmonic vibration of Tibetan bowls,
- Enjoying camaraderie and friendship

Join other lively spirits in the joy of music and dance with informal instruction by Francesca Bolognini who writes in *Women's Press*:

*By joining others in a rhythmic experience, such as a drum circle, we dissolve the artificial boundaries of ordinary reality, allowing ourselves to restore our personal connection to the Divine...*

Treat yourself to an afternoon and evening of fun, friendship and connection to the universal rhythm in the idyllic setting of Oak Haven Gardens. Experience the age-old magic of drumming and dance. No prior experience necessary.

*I heartily recommend Oak Haven Gardens for any activity, as a lovely Healing Retreat or Simply A Divine Get-Away Atmosphere, and look forward to attending future functions.*

Prem, participant

*Oak Haven Gardens is perfectly named as it is peaceful, restorative, inspirational and inviting - a haven, indeed. The accommodations are beautifully appointed and comfortable, the food is healthful, delicious and generously apportioned. The hosts are warm and welcoming without intrusion.*

Erin, guest

Date: Sunday, January 29th, 2 to 6 p.m.

Location: Oak Haven Gardens, Arroyo Grande, California

Cost: \$15 includes drums to play and/or purchase.

For reservations call or email Tara Storke

805.455.8342

[tara@oakhavengardens.com](mailto:tara@oakhavengardens.com)

[www.oakhavengardens.com](http://www.oakhavengardens.com)